

## **Week 1 Rise and Rebuild: How Goes It?**

### **Scriptures:**

Day 1 Psalm 51

Day 2 Nehemiah 1:1-11

Day 3 Nehemiah 2:1-10

Day 4 Nehemiah 2:11-20

Day 5 Nehemiah 2:1-20

### **Sermon Discussion Questions:**

- What does Nehemiah's question to the men from Judah and his response tell us about Nehemiah?
- How does Nehemiah's first response of weeping, lament, fasting and prayer to the condition of the city impact and/or challenge us?
- How goes it in the city, the region, the church, our homes, our relationships?
- What needs attended to in our city, region, church, homes, and relationships? Where are things "broken down" or "destroyed by fire"?
- In what ways are we practicing the kind of attitude and prayer that Nehemiah models for us?
- How and for what reasons might we find ourselves resistant to prayers of confession and intercession?

### **Reflection/Application Questions:**

- What is your typical response upon hearing the sometimes-sobering reality of the condition of "the city"?
- How have you seen and experienced God's ear be attentive and his eyes open to your prayers and/or the prayers of his servant/s?
- In what ways is God inviting you to enter in the same kind of spirit and prayer as Nehemiah?
- For what do you need to weep, lament, fast and pray?
- What is God bringing to mind that you need to name and confess before the Lord?
- Where are you resistant to the practice of confession?

### **Rise and Rebuild**

- Ask and see how it goes around you. Take a lunch hour or two this week to fast and pray for those things that are not as they should be, and for the ways and places that are broken down and destroyed.
- Each day pray through the weekly reading plan's Psalm 51.
- Pick a day and practice confession throughout the day. Ask God to bring to mind those things that need to be confessed. When you become aware, name those things before the Lord, seeking His grace and mercy. To the best of your capacity then, with the help of the Spirit, turn from those things.