

Week 4 PATIENCE

Scriptures:

- Psalm 40:1-5
- Hosea 11:1-4
- Romans 8:18-30
- Hebrews 10:32-39
- James 5:7-11

Sermon Discussion Questions John 21:1-19

- What does our culture teach us about patience?
- How and in what ways did Jesus model patience for us and practice patience with others?
- In what ways have you experienced Jesus' redemptive patience?
- To what extent are you patient with yourself? How might you practice patience with you as Jesus' does?
- How has the patience and forbearance of Jesus impacted and changed you?
- Where are you most in need of patience right now?

Reflection/application questions

- In what places do you need to practice and be patient with yourself?
- What situations makes you most likely to be impatient with others? At such times, how can you show the fruit of the Spirit in your life through patience?
- In what ways do other people have to be patient with you?
- When have you lacked patience? In what ways is most difficult for you to be patient?
- What changes might you need to make in the way you act and think to be more patient?
- For whom and for what are you willing to wait a long time, and why?
- When have you found that God's timing was far superior to your timing? When have you been glad you waited for God?

CULTIVATE:

- Make a list of those things or people challenging your patience. In prayer, open your heart and hands and surrender them to the Lord. What is He saying to you about your list? Invite Him to give you more of His Spirit and grow patience you.
- Psalm 40 says, "I waited patiently for the Lord" and continues with words of worship. How has God met you in the waiting? Pray, sing, or write words of praise to Him for His patient love and goodness to you.
- Anger can be related to patience. Keep a daily journal of every occasion you have had to be angry. Before you go to bed, offer your anger and accompanying frustrations to the Lord. Reflect on how anger affects your patience.

VIDEO <https://www.youtube.com/watch?v=Koxsw4rh2k>