

Ruth | Week 3 | January 24-30

Scripture: Ruth 2:1-23

Scripture Questions:

1. In Ruth 1, Ruth presents as tenacious and determined. What other words might describe Ruth in Ruth 2 as you look at her words and actions?
2. Describe Boaz. What did he do for Ruth? How did he treat her?
3. As compared to Ruth 1, what shifts are happening in Ruth 2?
4. In what verses is the LORD referenced? What do these verses tell us about God?
5. In what ways is the verse Ruth 2:12 significant?
6. How would you contrast the end of Ruth 1 with Ruth 2? With what kind of perseverance does Ruth 2 end?

Sermon Discussion Questions:

1. In what ways does Ruth express and display *hesed* or loving kindness?
2. Boaz took notice of Ruth (vs. 10, 19, 20). Of what or who have you taken notice? Of whom or what have you failed to take notice that God may be inviting you to take notice?
3. Boaz was inspired by Ruth's example. How have you seen kindness be contagious?
4. In what ways have you seen God's loving and sovereign providence played out through human agency and responsibility?
5. In vs. 20 Naomi's demeanor changes. She is able to recognize God's kindness even though it has been present the whole time. What things prevent us from seeing God's kindness?
6. How might the kindness of God through you impact those in your neighborhood, workplace, church and beyond? Are there people that come to mind for whom God wants to use you as His channel (instrument) of kindness?

Giving & Receiving Kindness:

Three times this week ask the question, "How can I serve you?" Ask a friend, a co-worker, family member, a stranger, how you might serve them. Asking this question makes people feel supported and heard. It gives others a chance to ask for help they might need.

How can you practice self-kindness? Three times this week spend 30 minutes doing something you love. Nourish yourself in the Lord. Be still, sit in silence, listen. Create. Exercise. Sing. Get outside for a short walk. Offer the time back to Lord. What did you experience? In what ways did you sense God present with you?