

## **JOURNAL PROMPTS:**

- Describe a time in your life where God has rescued you. Do you believe He'll do it again?
- Write a scripture that brings you peace. What is God saying to you?
- Describe a time where you believed God spoke to you.
- Write a prayer of surrender to God.
- How can you be bold and courageous for the Lord?
- How might you serve God better?
- How might you be a light to others in a dark world?
- Describe a time when God used a bad situation for your good.
- What do you feel God is asking you to change?
- What do you imagine heaven will be like?
- When do you feel most distant from God? Why?
- How might you be hurting others with your pride?
- Ecclesiastes tells us there is a season for everything. What season are you in right now?
- Write out the lyrics of a Christian song or hymn that brings you joy.
- Write a scripture that brings you joy. How can you apply it to your life?
- Describe a blessing that happened this week.
- Write a Psalm of worship to God.
- Do you find it hard to apologize? If so, why?
- The Bible specifically speaks of joy, not happiness. In what way are they different?
- When you are offended by something how does pride get in the way?
- Pick a Bible character. What can we learn from his/her life?
- What do you need to confess to God?
- Write a letter of forgiveness to an enemy.
- Is there something that you haven't forgiven yourself for? How can you receive the healing of the Lord?
- Write 5 scripture verses that make you feel strong and courageous.
- If you are struggling though something, What do you think God wants to you to learn?
- List all the needs God is currently meeting.
- What do you love most about your church family?
- Describe someone in your life who exemplifies humility.
- What are your God-given gifts and talents? How might you use them to advance the Kingdom?
- Who or what do you need to forgive?
- To what is God calling you?